



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NEWS AND INFORMATION from the Grand Traverse Bay YMCA
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FOR IMMEDIATE RELEASE:
Y OFFERS LACROSSE SKILLS

With its roots in Native American culture, over the past 300 years lacrosse is a sport that has become "the fastest on two feet." The Grand Traverse Bay YMCA offers six week sessions for lacrosse skills in two divisions: for grades 1 to 5 and grades 6 to 8. Learn or brush up on your stick skills, stay active, and have fun!

These skills sessions will be held on Mondays, February 14 to March 21 with grades 1 to 5 meeting at 5:00 pm to 6 pm and grades 6 to 8 at 6:00 pm to 7:30 pm. Session will be held at the YMCA Main Facility, 3000 Racquet Club Drive in Traverse City. Gyms shoes, a stick and gloves are required.

The registration fee is \$35 for Y members and \$70 for non-members. A late fee will be assessed for anyone registering past the February 11 deadline. Forms available on-line at www.gtbayymca.org and registration is at the Y Main Facility.

For more information contact Barb Beckett at 933-YMCA(9622). Our website is located at www.gtbayymca.org and follow our activity on Facebook.

The Y is for YOUTH DEVELOPMENT.

Because the Grand Traverse Bay YMCA believes that all kids deserve the opportunity to discover who they are and what they can achieve. That's why through the Y, thousands of youth in our region are cultivating the values, skills, and relationships that lead to positive behaviors, better health, and educational achievement.